



Supporting Scottish Charities

# The Women of Achievement Luncheon 2017

Tuesday 21st March 2017

The appeal for 2017



**The Teapot Trust — Art Therapy for Children**

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Supporting Scottish Charities

## The Women of Achievement Luncheon 2017

Tuesday 21st March

### Guest Speakers:

Dr. Catherine Calderwood  
Chief Medical Officer for Scotland

Dr. Laura Young, M.B.E.  
Co-Founder of The Teapot Trust

Emma Soames  
Editor, Writer, Traveller

The Duchess of Rutland  
Mother of Five and C.E.O. of Belvoir Estates

The Lady Macdonald of Macdonald O.B.E.  
Claire Macdonald Award-Winning Cook & Writer

Chairman: Carol Mitchell

### Committee

Eleanor Argyll, Elisabeth Beccle, Kate Colquhoun, Francine Douglas-Home,  
Venetia Fuller, Jill Marx, Claire McCorquodale, Carol Mitchell,  
Marina Novis, Carolyn Warrender, Emma Weir, Gillian Younger, Jennie Younger

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I am delighted to welcome you to this special 10th Anniversary Women of Achievement Luncheon from which vital funds will go to support this year's charity the Teapot Trust.

I first came across the Teapot Trust five years ago when the photograph here, taken by Peter Lindberg, was in Vogue magazine. I was helping to promote the necklace I am pictured wearing, which was being sold to raise funds in the early days of the charity. I was amazed then, how calming it could be providing art materials guided by an art therapist in a hospital waiting area.

Since then the Teapot Trust has grown and grown with ever-increasing requests for their art therapy services. It has raised enough funds to provide art therapy tables in Out Patient Departments up and down the country and run one-on-one programmes of art therapy for children who are really struggling with their illness, whether a chronic medical or a mental health condition.

A large proportion of the children the Teapot Trust art therapists see one-to-one have rheumatological conditions like Arthritis, Lupus or Beçhets. However, the children are referred by hospital consultants and seen on a one-to-one basis and illnesses can be as diverse as those above or better known like cancer, eating disorders and diabetes.

I have always enjoyed getting stuck into something arty and know how, by being engrossed in something you are making yourself, can make hours disappear so quickly. Art therapy has been shown to make a real difference for children and their families. It allows a young person to be in charge of what they are doing at a time when they might feel - as someone with a long-term medical condition - that they have very little say, or control over what is going on.

Thanks to this luncheon being fully sponsored I am delighted that all the money raised through tickets, donations and raffles will be going directly to the Teapot Trust and their provision of art therapy to children with long term medical conditions.

Have a really enjoyable time at this 10th Anniversary of the Women of Achievement Luncheon.

Stella Tennant  
Patron, Teapot Trust



Supporting Scottish Charities



The luncheon is held to recognise and celebrate the achievements and contributions made in many fields by women in Great Britain who have Scottish connections and to support Scottish charities.

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We would like to thank those who  
generously sent donations for  
The Teapot Trust Appeal.



### Welcome to the 2017 Women of Achievement Lunch

This Year's Luncheon is a Celebration of 10 years, during which time we have supported bees, puffins, red squirrels, and latterly helping young people, to get into work through education and training or setting up their own business and raising well over £230.000 for Scottish Charities.

Each year we try to choose a smaller or lesser-known charity that would benefit from the support and profile that this lunch, we hope can provide.

With your help today we are supporting The Teapot Trust, a young charity based in Scotland, formed in 2010, which provides Art Therapy Units for children with chronic illness in Scottish hospitals, Great Ormond Street in London and a pilot trial at Chelsea and Westminster.

Without our Sponsors we would not be able to hold this lunch, so we are enormously grateful to our main sponsor, Sotheby's, for their most generous support, also to Mactaggart and Mickel, Diageo and Fuller's Brewery for their continued support again this year and to first time sponsor PSigma Investment Management. To them all, thank you so very much indeed.

This year we are extremely fortunate to have exceptional speakers who will talk about their own achievements in life. Dr Catherine Calderwood, Chief Medical Officer for Scotland; The Duchess of Rutland, CEO Belvoir Estate; The Hon Emma Soames, Editor, Writer and Traveller and The Lady Macdonald of Macdonald O.B.E., Cook and Food Writer. A veritable feast of knowledge and inspiration.

I also personally really want to thank a pretty amazing Lunch Committee, members past and present who have contributed so much in organising such a wonderful and professional Luncheon over the last 10 years with fun and great camaraderie. I stand down this year and am delighted to be leaving the Women of Achievement Luncheon in such safe and competent hands.

It gives me great pleasure to welcome you all here today and to have the opportunity to thank you for your support. We do hope you will join us at the Luncheon in future years.

Carol Mitchell  
Chairman 2017



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Collectors gather here.

Alexander Cumming. A George III Mahogany Longcase Barograph Regulator, London, Date 1766, the Case probably by Thomas Chippendale. Acquired by the Science Museum through a private treaty sale negotiated by Sotheby's Tax and Heritage



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**Dr. Laura N Young D. Univ MBE  
Co-Founder of The Teapot Trust**

East Lothian-based charity co-founder Laura N Young MBE has devoted all her time to putting the Teapot Trust firmly on a child's hospital experience map in Scotland and now in London too.

Despite a long gap in working, due to caring for her middle daughter, who had Lupus, then cancer, Laura found that having a mainly science background, (a degree in Chemistry and having worked at the Science Museum, London) was invaluable to getting the Teapot Trust firmly established. She was awarded an Honorary Doctorate by Queen Margaret University, in June 2016, for her services to art therapy, awarded an M.B.E. in the New Year's Honours List 2015 and in February 2017 she won the Scottish Woman of Achievement award.



The Teapot Trust is a charity that provides hospital-based art therapy to children with chronic illnesses.

One of the most difficult things for many ill children is expressing how they feel verbally when they may not yet have the vocabulary. Offering art therapy to them provides an alternative medium of communication, building confidence and helping children cope with their conditions.

Founded in 2010, the Teapot Trust offers therapy in either Out-Patients Departments, on the wards, in CAMHS units in eleven locations in Scotland, Great Ormond Street Hospital in London and a new pilot project in Chelsea & Westminster, London.

In 2015, the Teapot Trust provided over 2,927 hours of art therapy and 5,295 art therapy interactions ranging from working individually with children and young people in open group sessions, ward based sessions, workshops and 1:1 sessions.

The Teapot Trust art therapists all have Masters Degrees and are registered with Health and Care Professions Council (HCPC) and British Association of Art Therapists (BAAT) and work mostly, but not exclusively, with children who have Rheumatology Diseases, such as SLE Lupus; cancer; eating disorders and complex mental health problems.

In December 2015, the charity was pleased to have its work recognised when it received two awards at the Charity Champions Awards, Charity of The Year (income under £250,000) and Children's Charity of The Year.

The Teapot Trust is a registered Scottish charity No. SC041885



How do you feel before you go into hospital or to a doctor's appointment? Do you feel worried? nervous? anxious? Now imagine you are 7 years old and imagine how you would feel then. Many of the children we support have to attend hospital regularly. Many of them struggle to understand why they are being brought to hospital, why they are being given blood tests and why they are being forced to take horrible medicine. Our aim is to help these children express and explore all of these thoughts and feelings. Helping them create coping mechanisms that will support them through their life with chronic illness.

One child we have worked with is B. B is an 8-year-old boy who has been attending Great Ormond Street Hospital since we started in 2014. He attends appointments every other week and is always keen to come and work at the art table. Last week he was unwell and had been admitted to hospital; into a side room to stay in. Our art therapist took the materials into his room and found him lying face down on the bed unable to open his eyes. He heard our art therapist talking to his Mum and immediately said "Hello I've been waiting for you, what have you brought?"

Our art therapist was able to provide materials that he could use whilst lying down and did not need to look at. In particular, the clay was used and just rolling it in his hands proved to be relaxing. Whilst working with B it gave his mother time to talk to the medical staff and also for her to telephone her husband to discuss what treatment was going to be needed for B.

This week when our art therapist arrived with the art trolley B was again waiting for us. He was very eager to start working and said "Hurry up I've only got ten minutes and then I am going to theatre." He spent every minute creating, up until it was time for him to go and he proudly took his art work with him.



Giving a child something to look forward to and to think about during their appointments helps to make the procedures go much smoother and faster. Art gives the child something else to focus on and take their mind off what is or about to happen. As you can see from this story, our art therapy projects not only help the child but also the parent or carer by giving them some time to talk to the doctors, fill in paperwork, relax or even get involved with the art making!

Another child who we would like to introduce you too is seven-year-old K who has a rare condition called Marshall's syndrome or periodic fever, aphthous stomatitis, pharyngitis, cervical adenitis syndrome PFAPA. Both her consultant and her mum felt that she goes very quiet when she is worried. K had been demonstrating signs that she finds it difficult to verbalise her feelings connected to her illness. She had told her mum that she wished she did not have PFAPA and wonders 'why her', which is a common feeling amongst the children we support. Through discussions with K's consultant and family it was decided that K may benefit from 1:1 art therapy with one of our art therapists. When we first met K her art work was quite negative with her first image being a sun who was trying to capture her. This image could be seen to represent the fevers which are a main symptom of K's condition. K created many other characters who were scary or negative, however she took control of the narrative for these characters and she resolved the frightening aspects of them by making them 'funny'.



Other themes in K's work were characters who experienced events out with their control, such as the 'bird' who was different to others, and was not fully understood, but were shown through the art work to be unique and special. K's identification with her characters enabled her to reflect on how difficult she finds the feeling that other people do not understand what she experiences due to her illness. K's final image showed a calm peaceful scene which fitted with K's more positive attitude. K was very proud of her art work, and by identifying this as a strength this appeared to have a positive effect on her self-esteem. Since working with K she has been more comfortable talking about her illness and is even thinking about sharing her art work with her friends at school to help her talk about her illness. Through doing this, K may feel less isolated and more accepting of her condition.



The Teapot Trust works with children across Scotland and in London on a weekly basis. In 2016 we held 5317 art therapy interactions, either in small groups, at the bedside on the ward or as series of one-to-one appointments in the Child and Adolescent Mental Health Section (CAMHS). Thank you all for supporting this valuable work.



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**Enjoy lunch & Thank you for supporting  
The Teapot Trust - Art Therapy for Children**









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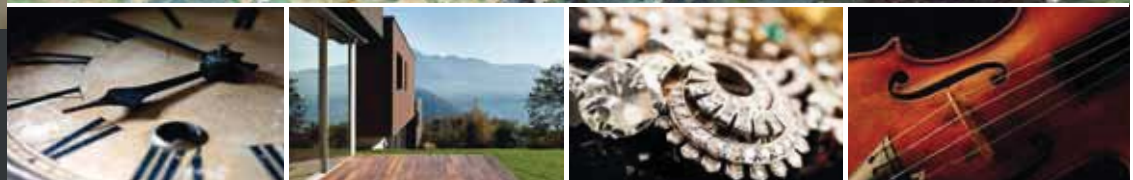
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## The Raffle

Envelopes will be placed on each table and will be collected during coffee before the speakers begin at 1.45pm. Please write your name and email address on the envelope and place your banknote inside.

Please do give generously as all proceeds will go directly to the Teapot Trust.

We are most grateful to Mackie's of Scotland who have very kindly donated a year's supply of ice cream and chocolate. Indulgent treats made on the family farm in Aberdeenshire. [www.mackies.co.uk](http://www.mackies.co.uk)



## Postal Raffle

We wish to thank Kristina Charrington for a beautiful pair of white gold, double-drop, rose quartz earrings; Katherine Hooker for a £500 voucher for the purchase of a full priced jacket or coat and to Emma Weir for offering a 2 night stay, dinner, bed & breakfast for two people at Arisaig House. These wonderful prizes will be drawn during the lunch.

KRISTINA  
CHARRINGTON  
GOLD & SILVER JEWELLERY



KATHERINE HOOKER  
LONDON



## Programme Raffle

A special programme draw will take place for a voucher for tea for two at for Greywalls Hotel and Chez Roux Restaurant. Your number is on this programme.



## Timings for Women of Achievement Luncheon

21st March 2017

11:30	Arrival Drinks
12.20	Lunch Announced
12:45	Chairman's welcome Dr. Laura Young M.B.E. Founder of The Teapot Trust
12.50	1st Speaker Dr. Catherine Calderwood, Chief Medical Officer for Scotland
13:00	Lunch
13:40	2nd Speaker Emma Soames Editor, Writer, Traveller
13.50	3rd Speaker Emma Rutland Mother of Five and C.E.O. of Belvoir Estates
14:00	4th Speaker The Lady Macdonald of Macdonald O.B.E., Claire Macdonald Cook, Writer
14:15	Raffle Draw
14:30	Farewell Thanks Katherine Colquhoun, Chairman 2018







The Women of Achievement Luncheon  
Supporting Scottish Charities

## MENU

Cured Salmon with Orange, Dill, Fennel  
and a pea shoot salad

Maize Fed Chicken  
with wilted greens and buttered mashed potato

Coffee & Tea with Scottish Tablet

## Drinks

Champagne Collet a Ay

Red - Le Versant, Pinot Noir, Pays d'oc (2015)

White - Rio del Mar, Sauvignon Blanc, Casa Silva (2014)

Elderflower, Orange and Sparkling Water



The Women of Achievement Luncheon  
Supporting Scottish Charities



## SPEAKERS

**Carol Mitchell**  
Chairman

**Dr. Laura Young**  
Founder of The Teapot Trust

**Dr. Catherine Calderwood**  
Chief Medical Officer for Scotland

**Emma Soames**  
Editor, Writer, Traveller

**The Duchess of Rutland**  
Mother of Five, C.E.O. of Belvoir Estates

**The Lady Macdonald of Macdonald O.B.E.,  
Claire Macdonald**  
Cook, Writer

## Guest Speakers

### Dr. Catherine Calderwood Chief Medical Officer for Scotland

Catherine, an obstetrician and gynaecologist, is Chief Medical Officer for Scotland, appointed in March 2015.

Catherine qualified from Cambridge and Glasgow universities working in Glasgow and Edinburgh Royal Infirmarys before completing specialist training in SE Scotland and St Thomas' Hospital London.

Becoming a medical adviser to Scottish Government in 2010 she was instrumental in the work in reducing stillbirths and neonatal deaths in Scotland. Her role expanded to include areas such as major trauma services and the introduction of robotic surgery for prostate cancer in Scotland. Prior to appointment as CMO Catherine was the National Clinical Director for maternity and women's health for NHS England.

Catherine chairs the UK maternal, newborn and infant Clinical Outcome Review Programme run by MBRRACE-UK. She chairs the Scottish Government stillbirth working group and is a member of the RCOG stillbirth Clinical Studies Group. She was the obstetrician on the panel of the Morecambe Bay Inquiry.

Catherine's first CMO annual report - 'Realistic Medicine' was launched in January 2016. She regularly blogs at [blogs.scotland.gov.uk/cmo/](http://blogs.scotland.gov.uk/cmo/).



### Emma Soames Editor, Writer, Traveller



Having worked as a journalist on the Evening Standard and Vogue Magazine in Paris and London, Emma Soames became an editor in the late 80s when she returned from living in the Middle East. She first edited the Literary Review before moving on to Tatler, ES Magazine, the Saturday Telegraph Magazine and latterly Saga Magazine where her mission statement was to 'put the hip into hip replacement'. She is now Editor at Large at Saga and a freelance writer. She spends time at her house in France and travels extensively : her last two trips were to Iran and she has just returned from a journey around Colombia. She has an interest in prisoner rehabilitation and is a trustee of Fine Cell Work.

### The Duchess of Rutland

#### Mother of Five, CEO of Belvoir Estates

Emma, 11th Duchess of Rutland, originally a farmer's daughter who grew up in the countryside on the Welsh Borders, took charge of the 16,000-acre Belvoir Castle Estate in Leicestershire in 1999. Described as the most fabulous fairy-tale castle in England, from its high hill, it broods over immense tracts of Leicestershire and Lincolnshire. The Duchess has raised 5 children, turned the great annual losses the estate was making into profits and also shaken off the dust-sheets and brought back to life a castle that had slept since the 2nd World War. Now, after discovering the lost plans of garden designer Lancelot 'Capability' Brown, she is recreating his vision for the estate as well as developing and running one of the best game shoots in the country.



### The Lady Macdonald of Macdonald O.B.E., Claire Macdonald — Cook, Writer



Claire Macdonald is an award-winning cook and writer, and one of Scotland's best-loved personalities on food and hospitality. She has written 21 cookery books over the last 40 years. She demonstrates around the world and across the length and breadth of Britain - as well as in her own kitchen at Kinloch Lodge on the Isle of Skye.

Claire is a self-taught cook. Her enthusiasm and expertise reflect her own passion for good food. She combines a tireless advocacy of local, seasonal produce with a food literacy extended by ongoing research through travel and experience.

Claire is married to Lord Macdonald, Godfrey Macdonald of Macdonald, High Chief of Clan Donald. Together they have run Kinloch Lodge, their Isle of Skye home, as a hotel for four decades. Kinloch is renowned for its fine food and breathtaking setting on the shoreline of Loch na Dal. Kinloch Lodge was the first restaurant on Skye to be awarded a Michelin Star, which it has retained for 6 years. The hotel has been cited as one of the world's top 25 small hotels by Conde Naste Traveller magazine.

To celebrate 40 years at Kinloch, Claire has written her 18th book *Lifting the Lid, a Life at Kinloch Lodge*. This is an autobiographical account of her and Godfrey's eventful 40 years of running Kinloch.

Claire is an energetic Patron of Scottish Food Fortnight and The Association of Scottish Farmers' Markets. She is also a patron of Marie Curie in Scotland and fundraises tirelessly. She has been awarded a special Lifetime Achievement Award by the Royal Highland and Agricultural Society of Scotland, an honorary doctorate from the University of Abertay and a Lifetime Achievement Award from National Farmers Union. In 2014 Claire received an OBE in the New Year's Honours list for services to food and charity.

In 2016 Claire was a guest judge on The Great British Menu. Her own television series, Claire Macdonald's Seasonally Scottish (15-part series), has been screened throughout the world by UK Food channel and continues to be shown today.

A-Z LIST OF ATTENDEES

## A

Mrs Christopher Allerton  
Mrs Gillian Appleby  
The Duchess of Argyll  
Iona, Duchess of Argyll  
Mrs Jonathon Atkinson

## B

Miss Claire Barlac  
Mrs EM Barrie  
The Hon Lady Barttelot  
Mrs Robin Barttelot  
Mrs Judith Bassnett  
Mrs Richard Beccle  
Mrs Alexander Beelaerts van Blokland  
Ms Deborah Bennett  
Mrs Susie Bond  
Mrs Adrian Bowden  
Mrs David Bowes-Lyon  
Mrs Eleanor Brass  
Viscountess Bridgeman CBE  
Mrs Belinda Brocklehurst  
Mrs Lucinda Bruce-Gardyne  
Lady Louise Burrell  
Mrs Duncan Byatt

## C

Mrs Peter Cadbury  
Dr Catherine Calderwood  
Mrs Christina Campbell  
Mrs Edward Campbell-Johnston  
Mrs Colin Campbell-Preston  
Mrs Frances Christie  
Mrs EA Clarke  
The Hon Mrs Michael Cochrane  
Mrs Sue Coldstream  
Lady Colquhoun of Luss  
The Hon Mrs Andrew Colville  
Lucy Critchlow  
Mrs Griselda Cuthbert

## D

Mrs Andrew Dalrymple  
Mrs Patrick Dalton  
Lady Mary B Damerell  
Mrs Mark Darell-Brown  
Mrs Robert Dean  
Mrs Donnithorne-Tait  
Mrs Tara Douglas-Home



## E

Lady Edmonstone  
Mrs Jenny Evans

## F

Miss Fiona Finlay  
Lady Kay Fisher  
Mrs Mary FitzGerald  
Mrs Louisa Forbes  
The Lady Forsyth  
Mrs Alexander Forrester  
Lady Fuller  
Mrs Emma Fursman

## G

Mrs Shane Gallwey  
Miss Elaine Gibson-Bolton  
Mrs C Glover  
Mrs John Goodall  
Mrs Calum Graham  
Mrs Malcolm Grant-Haworth  
Miss Susannah Green  
Miss Patricia Gregory  
The Lady Griffiths  
The Hon Mrs J Grimond  
Jane Anne Gore Brown

## H

Miss Karen Harper-Gow  
Mrs Lucinda Harris  
Mrs Sue Harrison  
Mrs Karin Hayhow  
Mrs Fiona Hennity  
Mrs James Hepburne Scott  
Mrs Andrew Honnor  
Miss Charlotte Hunt-Grubbe  
Mrs Robert Hunt-Grubbe  
Dr Harriet Hunt-Grubbe

## J

Mrs Caroline Jenkins  
Mrs Andrew Jardine Paterson

## K

Mrs Julie Keeling  
The Countess of Kinnoull  
Mrs OJH Knight Maunder

A-Z LIST OF ATTENDEES

## L

Lady Jessica Leach  
Mrs Gordon Lee-Steere  
Ms Caroline Leslie  
Miss Mary Leslie  
Mrs Duncan Liddell

## M

Mrs Gordon Macaulay  
Lady Macdonald of Macdonald  
Ms Jo Macsween  
Mrs David Marx  
Lady Martin  
Anne Mason Brown  
The Hon. Lady McAlpine  
Mrs James McCorquodale  
Mrs Angus McCullough  
Mrs Kirsten McNutt  
Mrs Christopher Middleton  
Mrs Carol Mitchell  
Mrs Joss Mitchell  
Mrs Timothy Monckton  
Mrs Laura Morgan  
Mrs Houston Morris  
Mrs Peter Morrison  
Lady Morrow  
Mrs Arabella Murphy

## N

Mrs Cecilia Neal  
Mrs JHC Nicholson  
Miss Verity Nicholson  
Mrs Edward Novis

## O

Mrs Sylvia Oakley  
Mrs Katie Owen

## P

Mrs Alexander Pasteur  
Mrs Ian Patterson  
Mrs Brian Phelps  
Mrs Simon Pilkington  
Mrs Sam Porritt  
Mrs William Pull  
Lady Purvis



## R

Mrs Christopher Radford  
Mrs David Reid  
Miss Rachel Reilly  
The Hon Clare Renton  
Lady Rollo  
Lady Ross  
The Duchess of Rutland

## S

Mrs William Scott  
Mrs John Sibbald  
Mrs Malcolm Sillars  
Mrs Susan Simpson  
The Hon Mrs Emma Soames  
The Hon Mrs Jeremy Soames  
Mrs Debbie Spens  
Mrs Ann Steele  
Mrs Colin Strang Steel

## T

Miss Laura Talabi  
Miss Alexandra Talbot  
Mrs Anastasia Tennant  
Stella Tennant

## U

Lady Caroline Ure

## V

Mrs Clarissa Vallet  
Mrs Charles van Straubenzee

## W

Gillian Waddell  
Mrs AGO Walker  
Mrs Camilla Wallace  
Mrs Sara Walsh  
Mrs Davina Walter  
Mrs Helen Whitbread  
Lady Whitbread  
Mrs Dan Whitehead  
Mrs David Wilson

## Y

Dr Laura Young MBE  
Mrs Michael Younger  
Mrs James Younger  
Viscountess Younger of Leckie





## The Women of Achievement Luncheon Committee 2017



### The Duchess of Argyll

Eleanor runs Inveraray Castle and Gardens in Argyll with her husband Torquhil. The Castle is open to the public from April to October and is one of the more popular tourist attractions in Scotland as well as being used for the Downton Abbey Christmas Special. Eleanor started the 'Best of the West Festival' at the Castle in 2010, a weekend of the West of Scotland's finest food, whisky, ale, music, crafts and children's entertainment. They have three children Archie, Rory and Charlotte. Previously Eleanor worked for Charles Barker Public Relations and Weber Shandwick.



### Mrs Richard Beccle

Elisabeth is married to Richard, has two children aged 14 and 12 and lives in Oxfordshire. She is a non-executive director of four investment trusts and a trustee of the New Entrepreneurs Foundation. From 1992 until 2008 she lived in Hong Kong, where she worked for Schroders. She began her investment career in Edinburgh and was brought up in Stirlingshire.



### Lady Colquhoun

Kate Colquhoun is the Principal of two schools in South West London. She founded Broomwood Hall School in 1984 with 12 pupils and followed this by establishing a boys Prep school, Northcote Lodge School, in 1993. Kate, and her husband Malcolm, now educate over 920 children in South West London between the ages of 4-13.

She is also a Trustee of the Northwood African Education Foundation. The Foundation, supported by parents and children at the London schools, has built a school for orphans in Gondar, Ethiopia, called St George's. This school is currently educating 200 children aged 5 - 9.

Kate continues to teach at Broomwood. She and Malcolm, who have three children and two grandchildren, divide their time between London and Luss in Scotland. Her hobbies include walking, reading and flying.



### Mrs Tara Douglas-Home

After Edinburgh University, Francine worked in the City for 10 years before having children. Since then she has been working part-time in various capacities, most recently as COO of a small hedge-fund and she is currently working in a family office. She is married to Tara and they have 2 children aged 14 and 12. She is a Governor of a Primary School in London close to where they live.



### Lady Fuller

Educated in Scotland and Switzerland, home Ayrshire and Edinburgh. Worked for Malcolm Innes Gallery London. Married James in 2000 and has 2 boys Archie and Harry. Lives in Wiltshire at Neston Park and have Cannich in Inverness-shire. Created Neston Park Farm Shop. In 2006 Amanda Allerton and Venetia Invented The Dream Tube and created Dusky Moon.



### Mrs David Marx

Jill was educated in Scotland and Switzerland and brought up in Perthshire. She worked in the Art World for 10 years and is now a Director of two private investment companies based in Dundee. Jill trained and works as a Progression Mentor with the Prince's Trust and organises events to support Fairbridge.



### Mrs James McCorquodale

Claire is married to James who farms in the Scottish Borders. They have two children who are on the verge of flying the nest leaving Claire with more time. She is involved with the Borders branch of CLIC Sargent and her local school. Claire grew up in Cornwall.



### Mrs Carol Mitchell

Interior Designer, Fund Raiser and Event Organiser for many Charities including, The Queen Mother Memorial Fund, The British Red Cross, National Trust for Scotland. She has been involved with horses all her life. A National Hunt Breeder and acts as a BHA Steward. Trustee of World Horse Welfare. Lives in the Scottish Borders.



### Mrs Edward Novis

Marina Novis grew up in the Surrey Highlands and has spent over ten years working in financial services at PricewaterhouseCoopers and most recently at Prudential managing their Investor Relations. Marina has lived and worked in Sydney, Cape Town and New York and now lives in London with her husband and four children. She also volunteers for two local charities, The Clement James Centre and Nova, helping women build confidence and giving pre-employment support. She is also a volunteer coach at Smart Works London, providing interview training to women looking for employment, and has helped launch the mentor scheme at the Clement James Centre.



### Carolyn Warrender

Mrs Francis Hazeel has built her career with her innovative approach to interior design and colour. The author of four home decoration books, she developed Laura Ashley's first Home Furnishings collections and launched the UK's first stencilling shop. More recently she has focused on Retail Consultancy and using skills learnt throughout her career, she is now very active in local politics. Carolyn is married with two children.



### Emma Weir

Emma was born, educated and grew up in Scotland until she moved to London to begin her career and has been headhunting in the Financial Markets since 1985. She set-up her own search firm called Eban in 1995 in Hong Kong and subsequently established their offices in London, Tokyo, New York and Singapore. She bought Arisaig House in 2010, which is run as a bed and breakfast by her sister Sarah and rented out on an exclusive use basis. Emma is now on the committees for a number of charities and is a Governor at Kilgraston School in Perthshire.



### Viscountess Younger of Leckie

Jennie Younger has worked for 30 years in Pharmaceuticals and Financial and Professional Services. Jennie is currently Global Head of Corporate Affairs at Astra Zeneca. Prior to that she was a management consultant at FTI Consulting and Global Head of Client Marketing and Communications for Deutsche Bank. She was ten years with GlaxoSmithKline where she was a member of the company's Executive Team and Global Head of Communications and Community Partnerships. She began her career as an Equity Research Analyst in the City. Jennie received the 'European Women of Achievement Award for Business' in 2004. She is a Trustee of the Royal Drawing School and an Advisory Board member of the English National Opera. She is married to Viscount Younger of Leckie, a Government Minister in the House of Lords. They have three children.



### Mrs James Younger

Gilly was educated in Scotland and Ireland, followed by Edinburgh University, where she met her husband Jamie reeling and never left. She began her career in Corporate Banking for Barclays and the Bank of Scotland, specialising in MBOs and now lives in East Lothian with their three children William 17, Freddie 15 and Alexander 12. Gilly has also been involved with several charities including Wellbeing of Women, Children 1st and Save the Children. Having grown up with a great love of horses in Ireland and ridden Side Saddle for Ireland, Gilly went on to breed Connemara ponies and was head of organising Pony Club Polo in Scotland.



## The Women of Achievement Luncheon

Supporting Scottish Charities

The Women Achievement Luncheon has been raising funds for Scottish charities for ten years. The first committee was formed in 2007 and the first lunch held at the Caledonian Club in 2008. In those nine years the Lunch has raised around £230,000 for various Scottish Charities.

Over the years the lunch has given support to Scottish National Treasures some of Scotland's most important houses needing vital work, protecting endangered puffins, red squirrels and bees with hives in many of Scotland's renowned gardens and helping a wide range of Scottish people with education, training and opening opportunities.

This year we are supporting The Teapot Trust providing hospital based art therapy to children with chronic illness.

There are so many children, with illness and in pain, who need and would benefit from art therapy to help them cope. We hope, with your help, to provide funds to sustain and secure more units around the country.

With your support this year and in the future, we will. Thank you.

### Past Chairmen of the Women of Achievement Luncheon

2008	Lady Edmonstone
2009	Anne Mason Brown
2010	The Hon Lady McAlpine
2011	Lady Ross
2012	Lady Colquhoun of Luss
2013	Elisabeth Beccle
2014	Lady Fuller
2015	Jill Marx
2016	Viscountess Younger of Leckie
<b>2017</b>	<b>Carol Mitchell</b>
2018	Lady Colquhoun



**On behalf of the Women of Achievement Committee**  
we would like to thank all our guests for supporting us this year.

**Please Note** we will not be sending out a 'Save the Date' postcard for 2018. All guests will be emailed a reminder in November. If you would like further details of our luncheon next year please contact:

Elisabeth Beccle at: [womenofachievement2013@gmail.com](mailto:womenofachievement2013@gmail.com)



The Women of Achievement Luncheon is a group of ladies all with Scottish blood or family links who bring their wide professional skills and expertise to arrange this lunch for fellow Women of Achievement, who enjoy meeting friends and networking during an enjoyable and, we hope, interesting luncheon. And all with the same aim to help, support and improve the lot of Scottish Charities through money raised at this luncheon.

We are fortunate to have had some amazing speakers over the years. This year is no exception and we are very grateful to all of them.

### Previous speakers

2008	Susan Hampshire, Joanna Trollope, Dame Elizabeth Gloster.
2009	Deborah Goodenough, Lady MacGregor of MacGregor, Lucinda Lambton.
2010	Ruby Wax, Dame Stephanie Shirley, Katherine Garret- Cox.
2011	Rachel Johnson, Mary McCleod MP, Jennie Younger.
2012	Celia Imrie, The Rt Hon Ann Widdecombe, Victoria Stapleton.
2013	Dame Fiona Reynolds, Lady Henrietta Spencer-Churchill, Dr Heather McGregor.
2014	Rosamund de la Hey, India Hicks, Kirsty Wark.
2015	Victoria Borwick, Anna Redwood, Sara Jones.
2016	The Baroness Stedman-Scott of Rolvenden, Rosie Stancer, Ysenda Maxtone Graham,



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The Women of Achievement Luncheon  
Supporting Scottish Charities

We are extremely grateful to Sotheby's, Mactaggart & Mickel, PSigma and Diageo for their generous sponsorship this year. Also to Mackie's Ice Cream, Greywalls Hotel, Kristina Charrington, Katherine Hooker and Arisaig House, for their excellent raffle prizes.

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We would also like to thank all of the following businesses who have taken advertising in this programme

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**All the funds raised at this lunch will help provide art therapy for children in hospitals across Scotland and England.**

**Thank you so much.**



The Women of Achievement Luncheon will be supporting Smart Works next year, on Tuesday 20th March



Smart Works Edinburgh provides quality interview clothes, styling advice and interview training to women in need. We give them the confidence, the self-belief and the practical tools they require to succeed at interview and start a new chapter of their life. We are proud that after visiting Smart Works Edinburgh over 60% of our clients are successful in their job interview.

Our clients are of all ages and backgrounds and are applying for a wide range of jobs. We offer a safe environment for them to prepare for their interview and gain the confidence to return to employment.

During each appointment our committed team of volunteers helps each client choose an outfit including accessories (hers to keep) and also provide a dedicated one to one interview training. Our extensive range of clothes are donated by retailers such as Hobbs, Evans and Next and also by working women.

It is a significant moment when the client sees herself in the mirror in her outfit, looking and feeling the part.


*“Thank you so much, not just for the clothes and the confidence, but for the feeling of being worthy”*

Smart Works has been established in Edinburgh for three years and sees an increasing number of women each year.

Smart Works is delighted to have been chosen as the beneficiary charity for the 2018 luncheon.



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